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Sea NOVA SCOTIA

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craft drinks, and more — your
Nova Scotian adventure awaits!

Rediscover
our province!

2023

Explore | SOUTH SHORE



Living history



Toupin Nova Scotia / Acorn Art & Photography

The seaside adjunct of Kejimikujik National Park. Top right: Black Loyalist Heritage Centre, Bottom right: Kejimikujik National Historic Site Trail.

Explore Nova Scotia's South Shore — breathtaking scenery and vibrant history, local arts and crafts, romantic old towns and villages, artisanal bakeries and craft breweries, and even North America's oldest vineyard

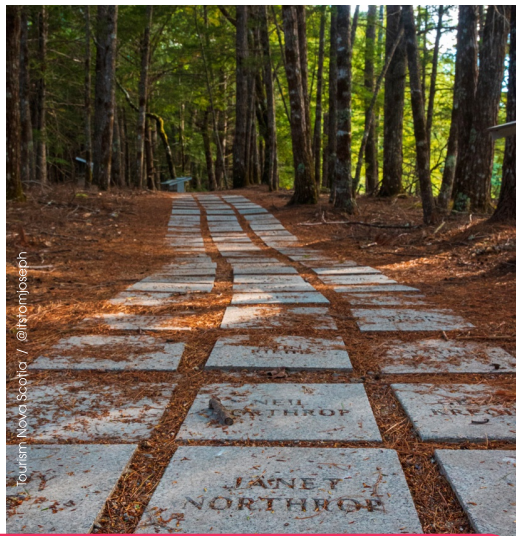
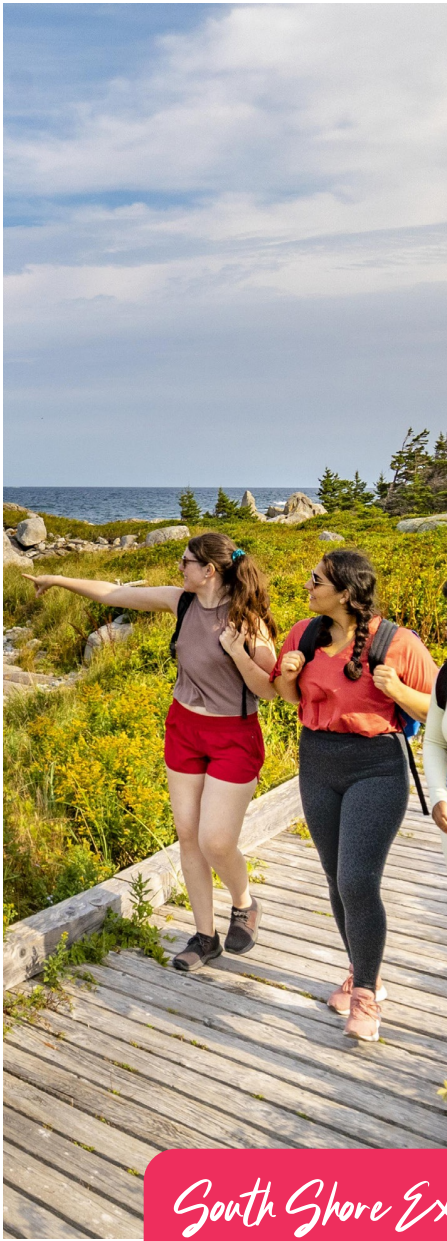
By Barry Rueger

Summer brings big events like the **South Shore Exhibition**, the largest agricultural exhibition in the province (July 25 to 30) and the musical delights of the **Lunenburg Folk Harbour Festival** (Aug. 10 to 13). Learn the history of the Mi'kmaq, the original people of this region, at the **Kejimikujik National Park and National Historic Site**.

Explore Nova Scotia's African history at the **Black Loyalist Heritage Centre** and spend some time with the music of country legend Hank Snow at the museum in his home town of Brooklyn (near Liverpool).

No trip to the South Shore is complete without days spent at the edge of the

Atlantic. Whether you're lounging on the sand at **Daniel's Head Beach** (on Cape Sable Island), following the Lighthouse Route from Halifax to Yarmouth, or visiting the **Fisheries Museum of the Atlantic** in Lunenburg, you'll find yourself pausing at every turn to admire the ever-changing seas and skies around you.



South Shore Exhibition



Returning in July, "the Ex," as locals know it, is a longstanding celebration of Nova Scotia's agricultural prowess.



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Kejimikujik offers a variety of camping experiences.



Ovens Natural Park.

Break out your surf board in Western Head, or head down to the Rossignol Surf Shop on the beautiful white sand beach of Summerville Beach Provincial Park. Visit Canada's most famous sailing ship, the *Bluenose II*, in Lunenburg. (Yes, that's the ship on the back of the Canadian dime).

The great outdoors

Nova Scotia has parks galore ranging from dozens of small local parks and seaside walks to the **Ovens Natural Park** in Riverport where you can

explore sea caves, go gold panning and kayaking while staying on-site in cabins or the campground. And on the second to third weekend of August every year, visit for the annual Chapin Family Concert.

At the **Kejimikujik National Park and National Historic Site** you can camp alongside Kejimikujik Lake in a yurt, or a wilderness cabin. The park is also where you can explore petroglyphs, the ancient stone carvings that paint a vivid picture of the Mi'kmaw way of life.

Perkins House "A Man & His Journal"



Our costumed staff invite you to step inside this architectural gem, built in 1766 by Merchant and Judge, Simeon Perkins. Perkins was best known for the remarkable diary

he faithfully kept from 1766 to 1812. Some of the accounts in his diary provide vivid details of everyday life in a colonial town when the harbour teemed with Schooners, Captains, Sailors and Privateers. In colonial times, Liverpool was a bustling centre of international shipping and trade. Discover the intrigue of Nova Scotian privateers, whom some considered protectors but others called pirates. Learn about the important role Perkins played in the local economy and in protecting the settlers during the American Revolution and later wars.

Enjoy your stay as you and your family partake in the ongoing programs of the day.



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Open daily: June 1 to October 1
Monday to Saturday: 9:30am – 5pm
Sunday: 1pm – 5pm

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Local FLAVOUR

In downtown Liverpool, look for the **Main & Mersey Home Store**. Hidden behind the shop is a coffee bar with excellent espresso and home-style treats. It's also a popular spot for locals to mingle and exchange news. And be sure to visit the new Main and Mersey restaurant, featuring Japanese fusion dishes made from Nova Scotian ingredients.

In Shelburne, try the casual-upscale choices at the **Emerald Light** restaurant and bar on Water Street. Lunenburg's Rascals Run Burrito Bar will serve you a hot lunch and a cold local beer, but be sure to look around downtown to find the perfect spot.

Like most towns on the South Shore, Liverpool also has monthly fish and chips dinners at the local fire hall, and pancake breakfasts, all to raise funds for good causes. Watch for signs or just ask the cashier at your next shopping trip.

If you love to cook, visit local farmers markets, which offer fruit, vegetables, meat, seafood, cheese, and baked goods — all



Lamprai & Spice Café.

local, all delicious. The South Shore's biggest is in Lunenburg but most towns have their own, usually one day each week. Visit farmersmarketsnovascotia.ca, or just ask a local when and where they happen. Also in Lunenburg, you'll find **Lamprai & Spice Café**, serving distinctive Sri Lankan flavours.

Nova Scotia is now home to a saffron farm. **Coastal Grove Farm** in Upper Port La Tour made its first harvest of this exotic herb in 2022. Book a tour at coastalgrove.ca.

If boiling live lobster daunts you, visit Mahone Bay's **Lobster Made Easy** shop. It showcases inventor Mark Lowe's microwavable lobster: a product that the investors on Dragon's Den were eager to back.



Emerald Light restaurant.



Saffron from Coastal Grove Farm.

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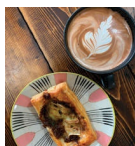
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Lunenburg's historic waterfront. Top right: The Fisheries Museum of the Atlantic, Lunenburg Academy, and Ross Farm. Below A workshop with Mi'kmaw craftsman Todd Labrador.



Darcy Rhyno

Today's South Shore Mi'kmaw community is vibrant. Annual highlight are the National Day for Truth and Reconciliation on Sept. 30 and Treaty Day on Oct. 1, with a festival of music, dance, and friend-

ship at the **Hank Snow Home Town Museum** in Liverpool. Queens County is also home to artist Todd Labrador (One Who Dances on Water), an internationally known Mi'kmaw artisan/birch bark canoe builder whose art is exhibited around the world.

There are hundreds of kilometres of shared-use trails to walk or ride. **The Chester Trail Art Project** is where local artists display their creations for you to enjoy as walk. Also in Chester is the **Castle Rock** hiking trail, an 8.2-kilometre hike that will lead you to some of the most breathtaking views in Nova Scotia. The panoramas of Mahone Bay are breathtaking. Trail difficulty varies from simple strolls to demanding expeditions.

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Tourism Nova Scotia / Acorn Art & Photography

SOUTH SHORE | *Explore*

Confidence Lodge, dating from 1754 and formerly a smugglers' haven during prohibition, where you can still feel the charm and personality during concerts and in its use as a recording studio.

Nova Scotia has always been alive with music, and if you ask around in any town, you'll find concerts by local musicians in bars and churches, or even kitchens, and opportunities to join in with local choirs, or to do-si-do with the community square dance clubs.



Dennis Jarvis

Music of all kinds

Music lovers will discover all manner of delights. **The Lunenburg Academy of Music Performance** has been training classical musicians since 2014, "creating the next generation of outstanding performing artists within the walls of a Canadian architectural treasure." Check its concert calendar to see which internationally renowned musicians, Academy faculty, or future classical stars are playing during your visit.

The **Lunenburg Opera House** and Liverpool's **Astor Theatre** are hubs of local activity with music, theatre, and movies. Further south you can visit the **Osprey Arts Centre**, a must-see on the waterfront in old Shelburne. And in Riverport you'll find the **Old**

Old friends and new favourites

A visit to the South Shore is a step back in time. The **Ross Farm Museum** in New Ross offers 24 hectares of rolling land for you to discover what life was like on a Nova Scotia farm over a century ago. An authentic living heritage site, much of it remains as it was in the 1800s. While in the area, also check out the **Fisheries**



Dennis Jarvis

Land OF ART

Artists thrive on the South Shore. **Coastal Queens Place** in Port Mouton features local artists and has a craft gallery. The **Great Island Arts Co-operative Limited** in Port Medway is a non-profit organization that helps run a multi-disciplinary artist residency program on a remote South Shore island.

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Tourism Nova Scotia / Ryan Williams

Black Loyalist Heritage Centre. Below: Fort Point Lighthouse.



Dennis Jarvis

Museum of the Atlantic in a UNESCO World Heritage site in the heart of old Lunenburg.

The **Black Loyalist Heritage Centre** in Shelburne was the home of the largest free Black settlement, when Loyalists travelled north across the American border to find freedom in Nova Scotia and fight against the United States. In the 1780s, with a population of more than

2,500, Birchtown, became the largest settlement of free Blacks outside Africa. This unique historical site is nestled in beautiful Birchtown Bay on the western shores of Shelburne Harbour.

Also, don't forget **Miller Point Peace Park**, the **Fort Point Lighthouse**, **Queens County Museum**, the **Milton Blacksmith Shop** and **The Ovens**. And how can you pass up the **Shag Harbour UFO Museum**? Learn about these places and others at visitsouthshore.ca/see-and-do

Have a nosh

Taste of Nova Scotia inspires culinary explorations. Its mobile app (tasteofnovascotia.com/taste-of-nova-scotia-mobile-app) will help you to find local road trips to discover wine country, or lead you to the perfect seafood chowder. Collect stamps in your downloaded digital passports for the Good Cheer Trail, Chowder Trail, and Lobster Trail.



AUGUST 10-13TH

Music by the sea!

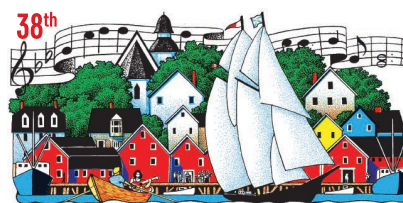


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CANADA'S NATIONAL *treasure*



Tourism Nova Scotia

Every Canadian schoolchild knows that the front of the dime features the **Bluenose**, a historical sailing vessel from Lunenburg.

It launched on March 26, 1921 as a Grand Banks fishing and racing schooner. Capt. Angus Walters and the builders who crafted the sleek vessel had something to prove. Their sights were set on the International Fishermen's Race. It was a real race for the hard-working vessels of fishermen who made their living on the sea. Nova Scotia's pride and shipbuilding reputation sailed with the Bluenose.

From the moment *Bluenose* took to the sea, it was evident it was a unique vessel. When it took its first Fishermen's Trophy in October 1921, the legend began. During the next 17 years, no challenger could wrest the trophy away. *Bluenose* earned the nickname "Queen of the North Atlantic" and became a Canadian icon.

Bluenose symbolized Nova Scotia's prominence in the fishing and shipbuilding industries. It represented Canada around the world. In 1933, *Bluenose* appeared at the Century of Progress World's Fair in Chicago, and sailed to the U.K. for the Silver Jubilee of King George V in 1935.

Bluenose wrecked on a reef off Isle aux Vache, Haiti on Jan. 28, 1946 but lived on in the hearts and minds of Nova Scotians. In 1963, *Bluenose II* launched, built by many of the same people who had worked on the original vessel at the same shipyard in Lunenburg. It continues to serve as Nova Scotia's sailing ambassador — living history under sail.

The majestic image of the *Bluenose* has adorned the Canadian dime since 1937 as well as three postage stamps, plus the Nova Scotian licence plate. The *Bluenose II* sails from both Halifax and Lunenburg, and visitors can often join for a cruise under sail. Or if you're really keen, sign on as a Deckhand for a Day.

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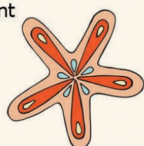
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Liverpool celebrates its history at Privateer Days.
Right: The Lunenburg Craft and Food Festival.

A land of festivals and fairs

While you're exploring its food and history, and making acquaintance with the good folk of the South Shore, keep your eyes open for the many local fairs and festivals. In Liverpool, it's **Privateer Days**, with a battle re-enactment, historical encampment, Rum Run, and live musical entertainment (June 25 and 26). Whether it's **Canada Day** (July 1), the South Shore's biggest **Pride** festival in Bridgewater (July 9 to 15), or the **47th Annual Lunenburg Craft & Food Festival** (July 8), celebrations are everywhere. You're sure to leave the South Shore with a newfound love for Nova Scotia, its places and its people.

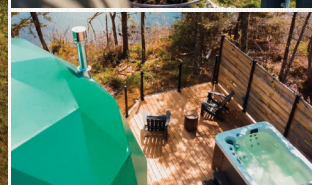


Submitted

To really experience the essence of Nova Scotia, you must stop and meet the people who live here. You'll quickly find we're a friendly group, always happy to stop to chat, and fill you in on all sorts of local tidbits and secrets that will make your trip truly memorable. ☸



S'more reasons
for sticking
around.



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